# Carer Access Card & Carer Emergency Card



### Are you looking after someone?

"A carer is anyone who provides practical, physical or emotional support, unpaid, for a friend or family member who due to illness, disability, mental health or an addiction cannot cope without their support"

Carers play a vital role in our community, and here at Hartlepool Carers we feel your role should be valued and rewarded. We are offering carers the opportunity to register for a Carer Access Card/Emergency Card for just £3.50 (free to under 18's).

The card is valid for three years and allows registered carers to access a host of different offers and discounts from businesses and services around the town who recognise the role of carers.

These companies will be easily identified as Carer Access Card partners and we expect new businesses to join the scheme regularly.

The card can also be used as a tool by which carers can identify themselves easily, without having to repeatedly explain their caring role.

### What is a Carer Access Card?

If you are a carer the card will entitle you to:

- Discounts at participating businesses
- Access to information to help you with caring
- Other support with caring
- A chance to join our network and connect with carers

### Where can I use the Carers Access Card?

Please check our website or social media for offers/updates.

Advice & Legal Services

Tilly, Bailey & Irvine Tel: 01429 264101 – 10% off straight forward wills

Health and Beauty

21 Northgate Hair & Beauty Tel: 01429 222212 – 10% off any service

**At Ladies Room** Tel: 01429 860839 – 20% off hair & 10% off beauty treatments

**Beautifully Beautiful by Emma (Body Shop)** Tel: 07940 000902 – Minimum 10% discount

Centre for Yoga & Wellbeing Tel: 01429 275794 - 10% discount

**Enhance Hair Styling & Ear Piercing** Tel: 01429 234122 – 10% off any service

**Phil Wanley PT - Bootcamp** £45 p/m (usual price £50) (Facebook)

Poppys Hairdressing Tel: 01429 283976 - 10% discount.

Reflexions Reflexology with Judith Morton Tel: 07774 109706 – 50% off reflexology (travel to Billingham)

**Run Fit Hartlepool** Tel: 07415 680792 – 50% discount on sessions for all ages and abilities

#### Food and Drinks

Bar 31 Tel: 07446 007476 - pizza and a pint/soft drink - only £8

Bar Central Hartlepool Marina - 10% discount on any food or drink orders

Candy Bonanza Tel: 07961 761480 - 10% discount on all orders

**Candy-Shake & Cake** Tel: 01429 597501 – 10% discount

Daisy & Beas Summerhill - 10% discount on any food or drink orders

**Dunes Cafe & Coffee Shop** Crimdon - 10% discount on any food or drink orders

**Copper Kettle** Tel: 01429 221115 – 10% off final bill

**Crumbs Bakery** Tel: 01429 267451 – 10% discount

Elly B's Tel: 01429 869600 - 10% discount

Hartlepool Borough Council Tel: 01429 266522 – free cup of tea/coffee at

any Community Hub

Jackson's Wharf Pub Tel: 01429 862963 - 20% discount (including 2 for 1

meals)

Lilyanne's Coffee Bar Tel: 01429 728041 - 10% discount

Mati Takeaway Tel: 01429 279727 - 15% discount

Place in the Park Tel: 01429 405573 – 15% off all food and drink

**Rossmere Park Café** 10% discount on any food or drink orders (excluding Sunday Lunch)

**The Dunkirk Little Ship** Hartlepool Marina - 5% discount on any food or drink orders

**The Heathers Community Café** Heather Grove - 5% discount on any food or drink orders

The Pizza Guys Tel: 01429 222666 – 10% discount (collection only)

Wallis & Co Tel: 01429 862228 - 10% discount

Zaika Indian Tel: 01429 860818 – £8.95 set menu all day, everyday

#### Leisure Activities

Alnwick Castle Tel: 01665 511100 – carers go free

Hartlepotz Tel: 01429 264357 - 10% discount on any

service offered

Higham Discos Tel: 07873 201803 - 10% discount off 2 hour children's

parties

**Matthew's Entertainment (discos)** Tel: 07539 133868 £70 charge instead of £90 for discos

Royal Navy Museum Tel: 01429 860077 - carers go free

**The World of James Herriot** Tel: 01845 524234 – free admission for carer of a visitor with disabilities

**Town Hall Theatre** Tel: 01429 890000 – free entry for carer supporting cared for person

**Tweddle Farm** Tel: 0191 5863311 – free entry for carer supporting cared for person

**York Minster** – free entry for carer when accompanying cared for person. During special services the cathedral is not available for sightseeing, times available on website

#### Home Services

**Gavin Lancaster** Tel: 07873 232005 – handyman services. No discount but recommended supplier

**Jo's Ironing Service** Tel: 07500 093943 – free collection and delivery for orders over £10

Mark Weldrake (building work) Tel: 07794 055921 – 10% discount

MKM Building Supplies Tel: 01429 231500 – discounts on selected items

Rafferty's Sofas and Bed Store Tel: 01429 278677 – 10% off orders on all full price items

Sanderson's Furniture Store Tel: 01429 863399 – 10% discount on any order

Sanderson's Removals Tel: 01429 862600 - 10% discount

**SNT Home Services** Tel: 07305 525844 – cleaning, gardening, shopping, car vacuuming 10% discount

**Steve's Carpets** Tel: 01429 271554 – discounts available (usually 10%)

Surface Smart Tel: 01429 283773 (Exterior Cleaning) – 20% discount

#### Miscellaneous

**Alan Teather** Tel: 07889 480224 (Professional Quilter) – 10% discount off first quilting workshop and 1% discount off fabric

**A Secret Garden** Tel: 01429 281018 – 20% off flowers over £15, 10% off flowers under £15 (offers subject to change)

Babies Blessings Tel: 01429 271274 – 10% discount on shoes and clothes



Counselling offered by Wendy Morris, BACP Senior Accredited Counsellor Email: wendy\_m\_morris@hotmail.com -15% discount

Cards R Hudsons Tel: 01429 276777 – 10% discount on purchases over £5

**Cuba Menswear** Tel: 01429 281281 – 10% off non-sale items in store

**Icon Design & Print** Tel: 07708 225060 – 10% discount on artwork

**Karen Louise** Tel: 07305 247999 – 10% off millinery service and workshops

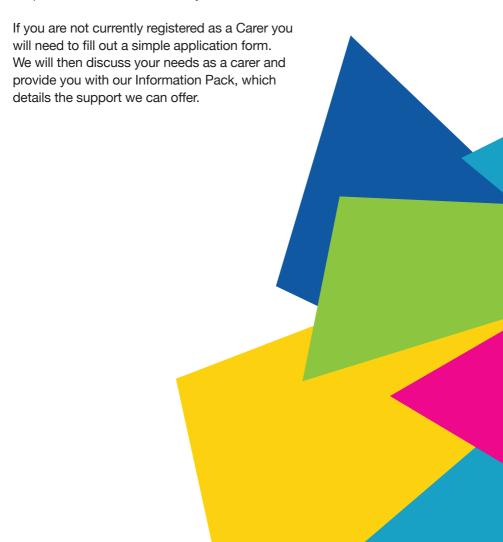
**Moreland Street Testing** Tel: 01429 222146 / 07719 717504 – MOT for £35.

**The Simple Weigh** Tel: 07702 188440 (Zero Waste Shopping) – 10% discount



### What next?

If you are interested in signing up for a Carer Access Card and are already registered with us, simply call into Hartlepool Carers and we will take your photo and £3.50 payment (free to under 18s). The card is valid for three years.



### Hartlepool Carers Emergency Card

Peace-of-mind for unpaid carers.

Many carers worry about what would happen to the person they care for if they were to have an accident themselves or were suddenly taken ill and as a result, were temporarily unable to carry out their caring role.

It's a good idea for all carers to have an emergency plan, our Carers Emergency Card can be part of that plan. The card is designed to be kept with you at all times, for example in a purse, bag, wallet, phone case or on a key ring. The card has details of the person who needs to be contacted if a crisis or emergency has occurred and you cannot provide care.

## What is a crisis or emergency?

A crisis or emergency is something that could not be planned for, which means you cannot carry out your caring role.

## Who should be my emergency contact?

Anyone who is willing to be contacted in an emergency and will provide short term care while you are unable to do so. This is usually a family member or friend. It is important that the person has agreed for their contact details to be shared and are aware of your emergency plan. Emergency plans can be downloaded from our website www.hartlepoolcarers.org.uk

# You can have a Hartlepool Carers Emergency Card even if you:

- Don't live with the person you care for
- Are not the only person providing care for someone
- Are caring for more than one person
- Are not related to the person you care for

#### **Contact Us**

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