

Hartlepool Carers Self-Directed Support Information – Caring Role

Service/Organisation	How can they help?	Contact Details	Useful Information
Special Educational Needs and Disabilities Independent Support (SENDIAS SERVICE)	Hartlepool Information, Advice and Support Service plays a key role in promoting positive relationships between parents, children and young people, schools, local authorities (LAs) and others. This is important in enabling children and young people with SEND to achieve their potential. Hartlepool Information, Advice and Support Service will provide support to ensure that parents of children and young people with SEND are fully informed and involved in their child's education	Tracy Liveras 01429 284 876 or leave message or Text: 07776 491 662 Email: HARTLEPOOLIASS@hartlepool.gov.uk	Opening Times: Monday to Thursday 8:30am to 5:00pm. Friday 8:30am to 4:30pm (all year round)
Local Offer	The Local Offer gives information to parents of children with Special Educational Needs and disabilities between the ages of 0 – 25 years.	For information, please contact: The Children's Hub on: 01429 284 284 or by email: childrenshub@hartlepool.gov.uk	
Carers GP Registration	You can register with your GP to inform them of your caring role. This will ensure they are aware of your caring responsibilities and offer support and information on issues connected with your caring role.	Contact your own GP service OR Contact Hartlepool Carers who can assist with the registration on 01429 283 095	
1 Hart 1 Mind 1 Future	1 Hart, 1 Mind, 1 Future is a voluntary collective of parents. They can offer information and advice to parents of children with additional needs. They are supported by Hartlepool Borough Council.	https://www.facebook.com/1hart1mind1future/ Contact: 07896 054 361	
PINS- Parents in need of support	PINS is a Charity working in Hartlepool to support families who are affected by their child's Drug/Alcohol misuse. The service is totally confidential, counselling and support service.	Parents In Need of Support Greenbank Stranton Hartlepool TS24 7QT Phone: 01429 260 110 Mobile: 07966 022 784 Email: admin@parentsinneedofsupport.co.uk	24/7 Support Mobile 07966 022 784 (out of hours) Landline 01429 260 110 (during office hours) Leave a message to be contacted ASAP.

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CERCS	The Carers Emergency Respite Care Scheme or CERCS offers peace of mind to unpaid carers. It gives you access to up to 48 hours of home care or up to 72 hours over a weekend or bank holiday for the person you care for if any emergency stops you carrying out your caring role. Adults services only.	Hartlepool Borough Council Civic Centre Victoria Road Hartlepool TS24 8AY 01429 523 390	Registration is required for this service. Contact the Early intervention team 01429 523 390
The Bridge – Dementia Support	Free Services include: Dementia advice, information, and support to enable people to live well with dementia. Support to carers, families, and friends. Signposting to other services. Practical and emotional support.	Tel No: 01429 868 587 Email: thebridge@hospitalofgod.org.uk Unit 3 Gemini Centre Villiers Street Hartlepool TS24 7SA	9:00am to 5:00pm Monday to Friday
Hartlepool Young onset Dementia Group	We meet 1-3 times a week for a cuppa and a chat. We support and guide each other. We take part in team activities and are regularly involved in community visits.	01429 423 074 or mobile 07725 799 532 Email: lynnearney@ntlworld.com	
Hartlepool Baby Bank	We give out countless packets of nappies and baby wipes, we supply clothing and items of baby food, toys and practical equipment such as stair gates and pushchairs, Moses baskets and baby baths.	babybankhartlepool@gmail.com or call 07717 337 719	