

National No Smoking Day

As part of National No Smoking day we arranged for a member of Hartlepool Borough Council's Community Connectors to attend and offer smoking cessation support to those who would like it. This was also offered to our registered carers at coffee morning as part of our commitment to improving the welfare of carers and our young carers session who are aged 11-17.

A number of different resources were loaned from the local Community Hub: smokefree and smoker's lung, large inflatable cigarette, smokefree bingo and a smokers lung comparison model. We also obtained leaflets around support services in Hartlepool and how to quit smoking.

Staff were informed of the support available via email in advance and also the resources are made available on the public server which is accessible to all members of staff.

